

Journey Along

El Camino de Santiago

May 19-25, 2025

Camino Invierno, in the Ribeira Sacra

With Frances Schultz



Seek your truth. Find your path. Nurture your mind, body, and spirit as you walk with us along the ancient Camino de Santiago, the Way of St. James, among the world's most storied and beautiful walks. What began in the ninth century as a sacred pilgrimage has become for many a journey of personal fulfillment. For more than a thousand years, pilgrims have made their way across the plains and mountains of Western Europe to reach Spain's northwestern province of Galicia and the great Cathedral of Santiago de Compostela with its shrine to the apostle James.

Today the Way is also about embracing your own way in life. Whether you seek spiritual rejuvenation, healing from heartbreak, graceful life transition, or insight into your life's purpose, you will enjoy conversation, contemplation, art, culture, and companionship with an intimate group of like-minded travelers. You will also have a gorgeous walk across Spain, visit charming towns and villages, have good food and wine, and discover anew what fills your soul and beckons your spirit. It is said that the Camino gives you what you need.



This year we will walk the “**Secret Camino,**” the less-traveled **Camino Invierno** in the still somewhat-undiscovered **Ribeira Sacra** region of Galicia. Known for its spectacular landscape of mountains, rivers, and vineyards, as well as its history-steeped Romanesque architecture and medieval monasteries, the Ribeira Sacra, or Sacred River is aptly named.

We begin our journey with a night in the lovely Relais & Chateau **A Quinta da Auga** just outside Santiago and drive next day to the **Parador de Santo Estevo**, in the heart of the Ribeira Sacra. A former Benedictine monastery and one of the jewels of Spain’s Parador network, the Santo Estevo offers modern comforts (and a spa!) amid centuries-old architecture and ancient forests, with views of the Sil River Canyon.

From there for the next four nights, with a bit of shuttling, we can walk some of the most dramatic and beautiful stages of the Camino without having to pack and unpack

every day. On the last day, like the legions of pilgrims before us, we will walk into Santiago de Compostela – jubilant, grateful, and I hope, grace-full.

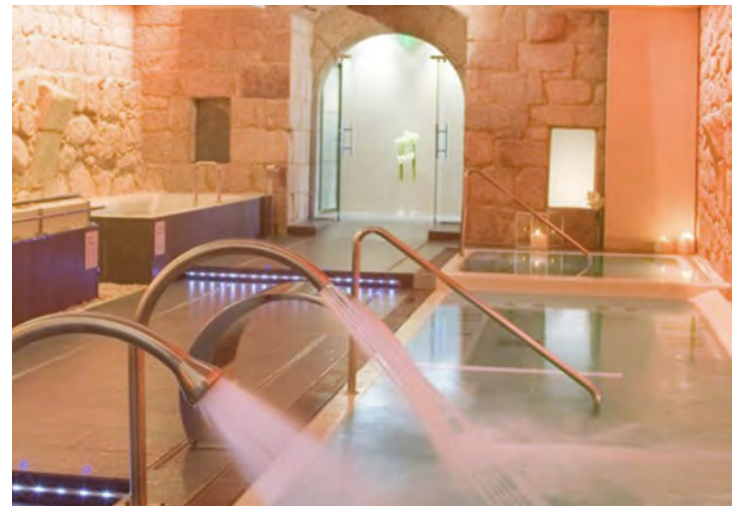
Our last night we return to the charming Quinta, once again to break bread together and to depart next day for the Camino beyond the trail, and our ways begins anew.

Our trek requires neither religious affiliation nor rigorous physical training, though walkers should be reasonably fit. Some conditioning is advised, and you should be able easily to manage 5 miles at a clip and at a moderate pace, including hills. Note that we do take breaks when we like, and we stop for lunch. Van support is always nearby as well.

I am honored to walk with you and to watch you bring your light to the world,



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Monday, May 19
Arrive Santiago de Compostela

Sunday, May 25
Depart Santiago de Compostela

\$8,250
per person, double occupancy

\$8,850
single occupancy

Price includes hotels, meals, creative journaling supplies, professional Camino historian and guide, a master life coach (that's me ☺), and ground and baggage transportation along the way. Guests need carry only a small daypack on the trail.

To Register, Click Here

Travel insurance strongly encouraged, as payment is non-refundable, and transfers are subject to approval.

Or copy and paste this link into your browser: <https://www.franceschultz.com/camino-de-santiago-via-ribeira-sacra/>

